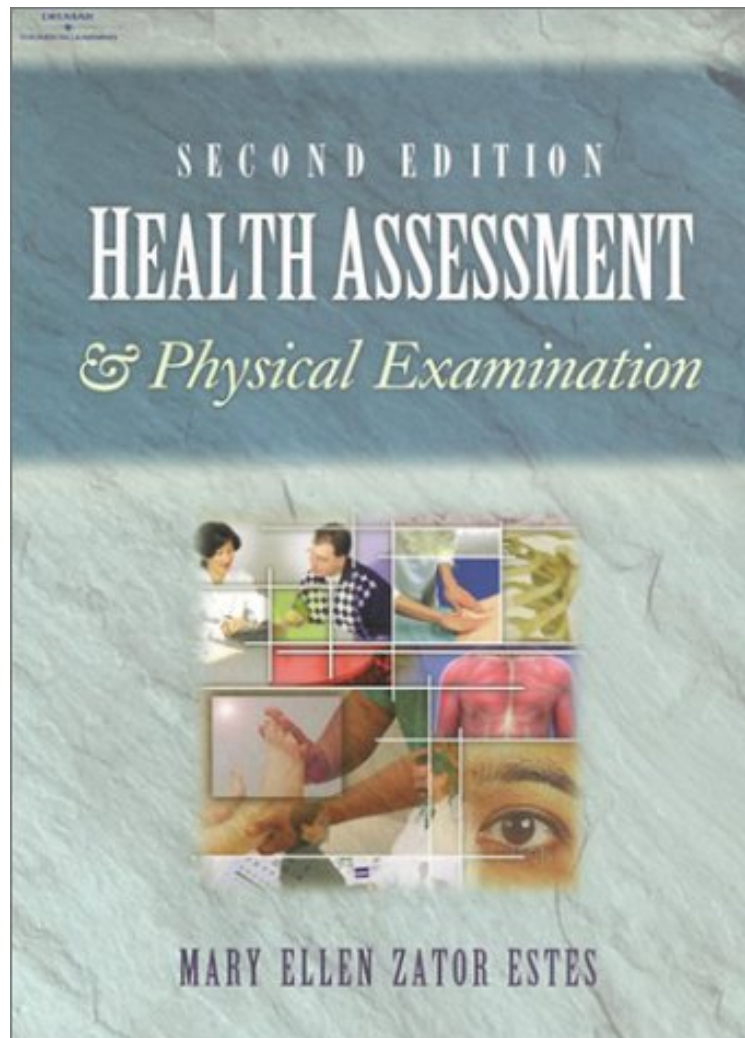


Health Assessment Physical Examination

Mary Ellen Zator Estes

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Health Assessment Physical Examination, 2E is the new standard in Nursing Assessment. Comprehensive in scope, with engaging full-color photographs, the completely revised second edition presents physical assessment skills, clinical examination techniques and patient teaching guidelines in a manner that is easily read and assimilated. Physical assessment skills, clinical examination techniques, and patient teaching guidelines are covered in a manner that is easily read and assimilated. Health Assessment Physical Examination empowers users as educated decision makers and develops their skills of analysis, thereby encouraging excellent clinical and nursing skills. **NEW TO THIS EDITION:** New Chapter on Eyes allows an increased focus on the unique issues surrounding assessment of the eye. Increased coverage of correct documentation of client interviews. Inclusion of assessment tips for clients with functional limitations in the chapter on Developmental Assessment. Introductory chapter on Critical Thinking and the Nursing Process helps students set the stage for learning. Free CD-ROM at back of book contains Flashcard software that reviews concepts on a chapter-by-chapter basis. Estes home page (<http://estes.delmarnursing.com>) contains free student resources: chapter objectives, frequently asked questions, course notes and more.

About the AuthorMary Ellen Zator Estes is an RN, MSN, FNP-BC, NP-C Family Nurse Practitioner in Internal Medicine, in Fairfax, Virginia and Nursing Consultant, Vienna, Virginia. Mary Ellen Zator Estes obtained her baccalaureate and Master's degrees in nursing and her Family Nurse Practitioner certificate from the University of Virginia. She has taught at the University of Virginia, Marymount University, Northern Virginia Community College, and The George Washington University Medical Center. She has also served as Clinical Faculty for Ball State University. With over 25 years' experience as a clinician and academician, Ms. Estes has taught health assessment and physical examination courses to nurses and nursing students from a variety of backgrounds. Her hands-on approach in the classroom, clinical laboratory, and health care setting has consistently led to positive learning experiences for her students. Ms. Estes' professional development is well demonstrated at the local, regional, and national levels. She has delivered numerous presentations through- out the country. She has been an active member of the Virginia Council of Nurse Practitioners, the American Academy of Nurse Practitioners, Sigma Theta Tau, American Association of Critical Care Nurses, American Nurses Association, and Virginia Nurses Association. Ms. Estes has been listed in Who's Who in American Nursing and Who's Who in American Education. She is currently a nurse practitioner at an internal medicine practice in Fairfax, Virginia, and a Nursing Consultant.