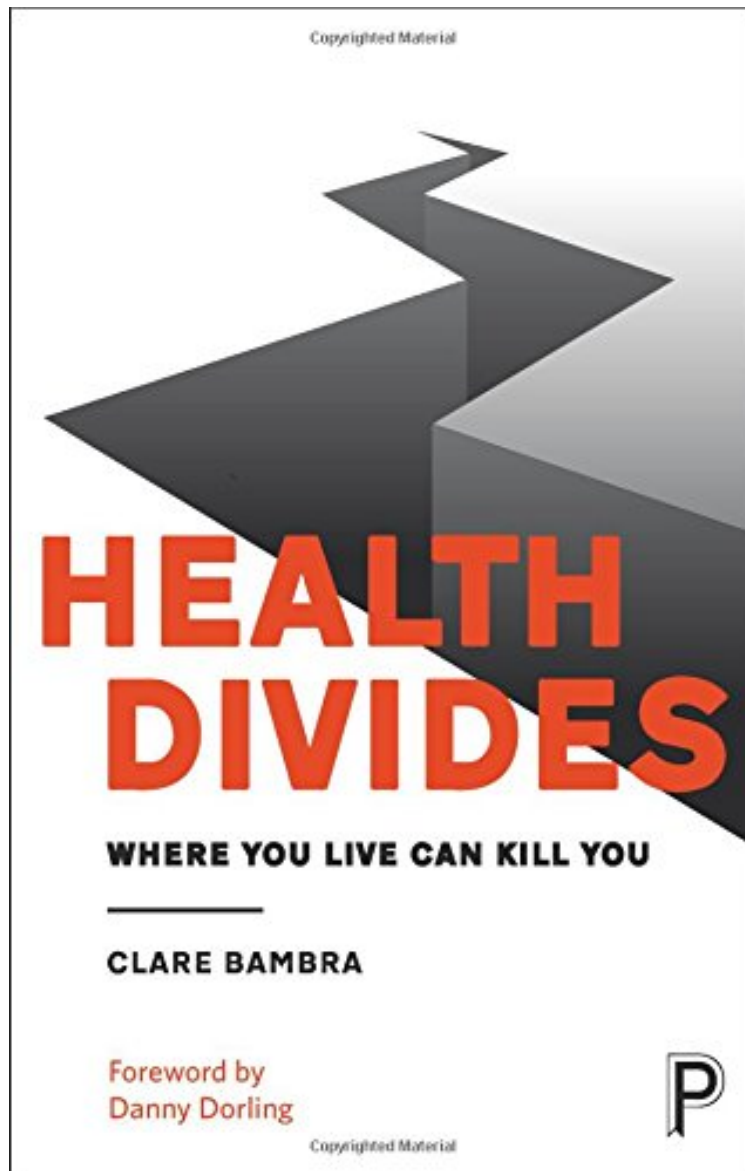


(Free) Health Divides: Where You Live Can Kill You

Health Divides: Where You Live Can Kill You

Clare Bamba

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Clare Bamba : Health Divides: Where You Live Can Kill You before purchasing it in order to gage whether or not it would be worth my time, and all praised Health Divides: Where You Live Can Kill You:

Americans live three years less than their counterparts in France or Sweden. Scottish men survive two years less than

English men. Across Europe, women in the poorest communities live up to ten years less than those in the richest. Revealing gaps in life expectancy of up to twenty-five years between places just a few miles apart, this important book demonstrates that where you live can kill you. With a foreword by Danny Dorling, this book from Clare Bamba, a leading expert in public health geography, draws on case studies from across the globe to examine the social, environmental, economic, and political causes of these health inequalities, how they have evolved over time, and what they are like today. Bamba concludes by considering how health divides might develop in the future and what should be done, so that where you live is not a matter of life and death.

Health care workers, public health officials, and governments have long sought ways to improve the health of those in their charge. But identifying those factors most relevant to local and regional differences in health has been a formidable task. . . . Bamba uses systematic investigation to uncover the underlying factors responsible for health disparities. Her journey begins with the observation that health disparities vary in clear geographic demarcations that she terms "health divides." . . . Despite the highest expenditures on health in the world, the United States falls woefully short on a range of health outcomes. Using the obesity epidemic as an example, Bamba shows that this particular health disadvantage, seen throughout the country today, was not always so uniform. . . . Bamba's well-referenced book and case study approach make it a welcome supplemental text for courses in health policy and introductory epidemiology, as well as a valuable primer for policy makers. But her systematic analysis and clear exposition will also allow the general reader to appreciate the value of health disparities research.