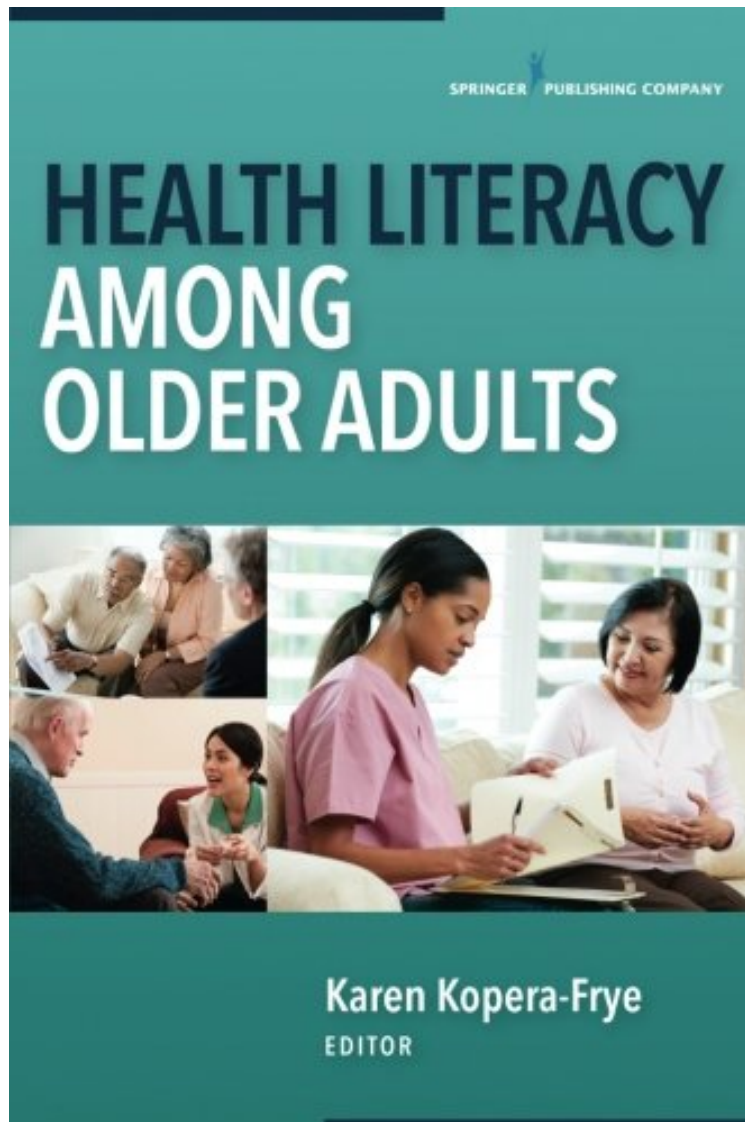


## Health Literacy Among Older Adults

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**From Ingramcontent : Health Literacy Among Older Adults** before purchasing it in order to gage whether or not it would be worth my time, and all praised Health Literacy Among Older Adults:

The first graduate text to address health literacy in the aging populationLow health literacy is a critical issue among adults, with over one third found to have difficulty understanding such basic information as that found on prescription

bottles. This is the first graduate textbook to address key health literacy issues as they affect the health and wellbeing of the aging population. Embracing a topic spanning numerous disciplines, it features a dynamic, multicontextual systems approach and includes contributions from renowned scholars and practitioners in gerontology, public health, social work, nursing, and other related fields. The text emphasizes increasing health literacy among older adults through the use of technological tools and features, the most current research, and evidence-based programs and practices. The book provides expansive coverage of the intersection of technology and health literacy, highlighting innovative approaches and discussing how to use technology with resource-limited groups. The text gives special consideration to rural, impoverished, culturally diverse, and lowliteracy elders and presents gold standard intervention programs and models. Also covered are the policy implications of programs focusing on increasing health literacy and future directions for meeting the Healthy People 2020 initiative. Case studies, review questions, learning objectives, and supplemental PowerPoint presentations will reinforce learning. Key Features: Provides a one-of-a-kind, multidisciplinary survey of the key health literacy issues of older adults Focuses on increasing health literacy across the disciplines Addresses a priority area of Healthy People 2020 Incorporates research and practice from gerontology, psychology, public health, social work, sociology, medicine, and nursing Includes case studies, review questions, learning objectives, and PowerPoint slides for assisting instructors

About the Author Karen Kopera-Frye, PhD, Biedenharn Endowed Chair and Professor in Gerontology, Department Chair, Director of ULM's Institute of Gerontology, University of Louisiana at Monroe. Dr. Kopera-Frye received her BA, MA, and PhD from Wayne State University, Detroit, MI, in Developmental and Clinical Psychology/Gerontology, Department of Psychology and graduate Aging certification from there. She completed a Postdoctoral Fellowship at the University of Washington, Department of Psychiatry and Behavioral Sciences. She has conducted research on elder issues for 27 years including older adult health promotion. Dr. Kopera-Frye came to the University of Louisiana at Monroe as the Endowed Chair in Gerontology/Professor from the University of Nevada-Reno in Fall 2009. She became interested in health literacy in 2007, when she was selected for specialized training as a Scholar in Health Literacy through a grant awarded to the University of Nevada-Reno Geriatric Education Center. Her research interests include health literacy, health promotion in older adults (e.g., successful aging), working with ethnically diverse elders, intergenerational projects, custodial grandparents, elderly inmates in prisons, and alcohol abuse among older adults. Dr. Kopera-Frye has been extensively involved in grantsmanship, and has been trained federally as an evaluator by Substance Abuse and Mental Health Services Administration (SAMHSA) and served as reviewer for the National Science Foundation. She is very active in the Gerontological Society of America (GSA) and the Association for Gerontology in Higher Education (AGHE). She received AGHE Distinguished Teacher Award for her outstanding teaching utilizing service learning pedagogy and was awarded Fellow status. As a member and Fellow of GSA Behavioral Social Science Section, she has been involved in GSA and AGHE governance activities including being appointed to the AGHE Task Force on Accreditation of Gerontology, an invited presenter at the AGHE Pre-Conference Teaching Institute, and a member of the AGHE Academic Program Development Committee. She has published extensively and serves as reviewer for journals such as *The Gerontologist*. She has served as a Member at Large on American Psychological Association Division 20: Division on Adult Development and Aging (APA D20) most recently. Dr. Kopera-Frye noticed an absence of textbooks available to train our future professionals in health literacy among elders; hence, the idea for this textbook was born.