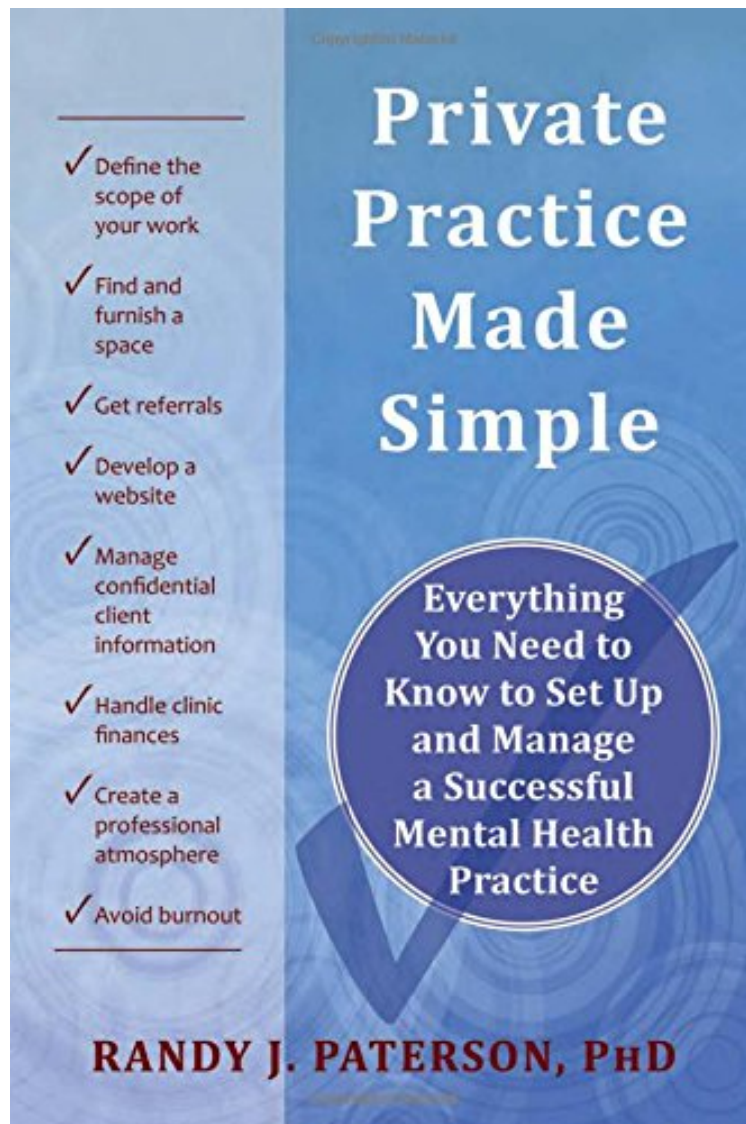


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Private Practice Made Simple: Everything You Need to Know to Set Up and Manage a Successful Mental Health Practice

Randy J. Paterson

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4 of 4 people found the following review helpful. HelpfulBy GoZags! I find this book helpful as I get ready to open the doors to my own private practice. It helps structure a foundation and provides activities and downloadable sample forms that encourage you sit down and plan and prepare for the business side of running your own practice. It's not a detailed guide on management practices from beginning to end, but I suspect that's why it includes "made simple" in the title. I recommend it for those who are considering transitioning into their own practice and want to gain a basic understanding of what beginning the journey entails. 15 of 15 people found the following review helpful. New to Private Practice...By Mary3364 This was a great book to read, easy reading like your having a conversation. The author shares many many tips and ideas to get things going and keep them going. Finally a book specific to starting a mental health therapy practice! The author even has a website you can go to that he refers to for forms and additional info. 1 of 1 people found the following review helpful. This was just the book I needed in opening my ...By H. Walters This was just the book I needed in opening my private practice. Although some things are over generalized versus the specific of a practice in my location....it guided me in developing a step-by-step checklist for opening my private practice.

Start and Run Your Own Private Therapy Practice Running your own private practice takes more than an advanced degree, memberships in professional psychology organizations, and the ability to be a good therapist. And while your continuing education and training may be useful, setting up and managing a successful practice is a matter of business and organizational know-how as much as professional proficiency. If you're opening your own private practice or want to run your existing practice more efficiently, *Private Practice Made Simple* is your detailed guide. This book offers tips on everything from getting client referrals and creating a positive and comfortable office atmosphere to building a strong and thriving therapy practice that can serve both you and your clients. You'll learn how to attract clients as a new therapist and how to manage your practice as it grows. This complete tool kit will help you: Find an office and set up a treatment room Establish headache-free routines for organizing client information and forms Decide on a fee and manage your finances Prevent burnout by maintaining a healthy work-life balance

From the Publisher *Private Practice Made Simple* is a complete practical guide to starting and maintaining a successful mental health therapy and coaching practice. Written in an entertaining, lighthearted style, this book covers everything from making the decision to open a private practice to preventing burnout once the practice begins to thrive. About the Author Randy J. Paterson, PhD, owns and operates Changeways Clinic, a private multiple-provider outpatient practice in Vancouver, British Columbia. He is author of *The Assertiveness Workbook* and *Your Depression Map*. Through Changeways Clinic, he presents lectures and workshops internationally on topics including mental health policy, cognitive behavioral therapy, the nature and treatment of depression and anxiety disorders, and strategies for private practice management. He was the 2008 recipient of the Canadian Psychological Association's Distinguished Practitioner Award. For more information on Paterson, his presentations and workshops, or Changeways Clinic, visit www.changeways.com.