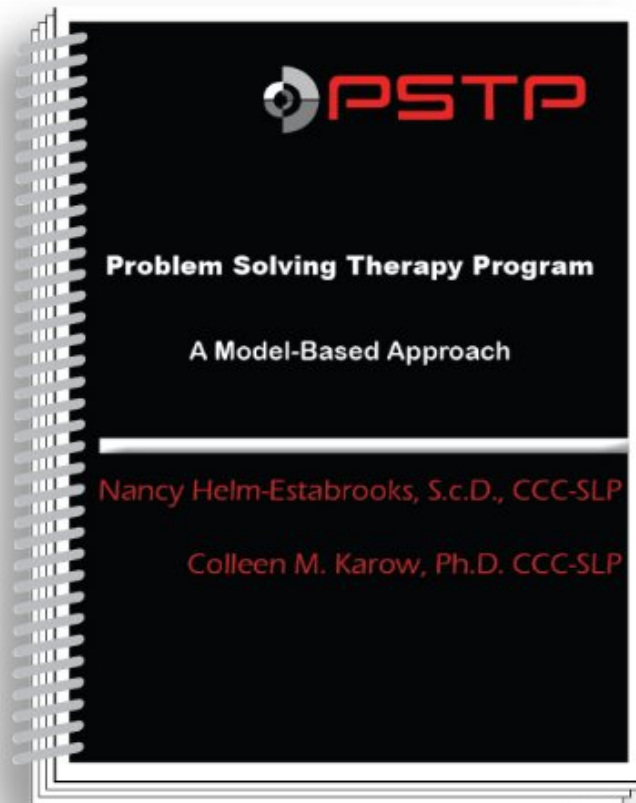


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Problem Solving Therapy Program

Nancy Helm-Estabrooks ScD CCC-SLP, Colleen Karow PhD CCC-SLP
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Nancy Helm-Estabrooks ScD CCC-SLP, Colleen Karow PhD CCC-SLP : Problem Solving Therapy Program
before purchasing it in order to gage whether or not it would be worth my time, and all praised Problem Solving Therapy Program:

If you are a rehabilitation or intervention specialist, or a speech-language pathologist, the PSTP is a groundbreaking tool that helps you improve the cognitive capacity of older adults with mild cognitive impairment (MCI), early memory loss, and other neurologic disorders with a wealth of engaging problem-solving tasks. PSTP is a thoroughly researched, evidence-based approach that links core problem-solving strategies with the cognitive skills required for everyday life. It includes over 400 intervention exercises that can be targeted to specific cognitive deficits. Its user-friendly organization allows you to select the tasks that are right for each individual, whether the underlying disorder involves traumatic brain injury, dementia, MCI, attention disorders, aphasia, or stroke. PSTP emphasizes a self-directed approach that allows individuals to work through each task in their own way while observing their performance. Everything you need to implement the PSTP approach is included: Step-by-step instructions for use Tips

for discussing PSTP with clients
422 intervention exercises
Scripts and prompts for using each type of problem-solving task
Space to record quantitative results and qualitative notes
Scoring forms and graphs to track client progress
PSTP groups exercises by five major functions involved in problem-solving:
Attention
Higher-order inferences
Formulation of strategies
Cognitive flexibility
Evaluation of outcome
Each section includes tasks that engage cognitive skills specific to that problem-solving component, such as self-monitoring, distributing attention to selected stimuli, employing search strategies, and using working memory. Exercises include
classification tasks
number/symbol associations
mazes
generative spelling
sequence generations
graphomotor patterns