

(Download free pdf) Professional Applications of Animal Assisted Interventions:Blue Dog Book Second Edition

## Professional Applications of Animal Assisted Interventions:Blue Dog Book Second Edition

*Melissa Y Winkle OTR/L*

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**Melissa Y Winkle OTR/L : Professional Applications of Animal Assisted Interventions:Blue Dog Book Second Edition** before purchasing it in order to gage whether or not it would be worth my time, and all praised Professional Applications of Animal Assisted Interventions:Blue Dog Book Second Edition:

5 of 5 people found the following review helpful. Great for occupational therapists... not exactly what I was looking for  
By Laura DI was looking for a resource that would provide examples of activities to use in psycho therapy. This book would be great for working with individuals who need to understand how to use dogs in yoga. This provides wonderful explanations, pictures, and is easy to read. It is a great book but not what I was hoping for.  
0 of 0 people found the following review helpful. Five Stars  
By Linda Miller Very informative and an inspiration to try some of her

suggestions/ideas. 2 of 2 people found the following review helpful. Best AAT ideas I have found By Barb Calhoon  
Author Melissa Winkle is the most creative person I know when it comes to figuring out what works to help clients achieve their goals with the help of an assistance dog. As a service dog trainer of professional therapy dogs it gives me exceptional insight into many skills that can be invaluable in a therapy session. I plan to use this book extensively with my current trainee.

Animals have gained significant roles in society including companions, confidants and visitors. The animal magnetism extends into multidisciplinary arenas as healthcare and educational providers recognize the effectiveness of involving trained animals in their careers. Animal assisted therapy (AAT) and animal assisted education (AAE) are very different than volunteer visitations. The navigation and implementation within professional framework is a complex process that fulfills very specific predetermined criteria. Best practices of AAT and AAE involve a mutual respect between the professional, the dog, and the participant. Formally trained healthcare and human service providers are responsible for driving the process beginning with specialized evaluations, establishment of goals and measurable outcomes for patients, clients, and students. Therapeutic and educational plans typically involve activities that will effect change in the areas of physical, cognitive, sensory, and psychosocial functioning. Successful activity design, especially involving dogs, can be intimidating for both new and seasoned practitioners. This is one book in a series, and introduces different activities to meet these specialized goals. Twenty-five activities from the first edition (formerly titled Blue Dog Deck) were combined with new content to produce Professional Applications of Animal Assisted Interventions: The Blue Dog Collection. The Blue Dog Collection offers practitioners and educators valuable discussions about screening people for participation, screening dogs for the job, intervention goals, precautions and professional responsibilities. Written by an occupational therapist that also trains dogs, this fully illustrated book describes ideas for all ages and abilities, and is useful for many professions within the interdisciplinary team. Readers are taken through activities step by step to identify the therapeutic value, supplies needed, precautions, and modification ideas. In addition, each activity considers the canine perspective, and makes recommendations for prerequisite skill sets for the dog, prior to joining in the activity. Activities from over a decade of workshop contents and clinical application are included. Therapists, veterinarians, educators, dogs with intermediate skills, and participants of all ages and abilities have evaluated the activities and found them to be fun, engaging, safe and purposeful.

About the Author  
Melissa Y. Winkle is an occupational therapist in private practice in Albuquerque, New Mexico. She offers continuing education opportunities for visiting volunteers, animal assisted therapy and education, and assistance dogs as assistive technology options. She is the president of Animal Assisted Intervention International, a European based non-profit organization which caters to professionals who include animals in practice. Melissa is the program coordinator for New Mexico Animal Humane Association's Warm Hearts Network, which trains and evaluates volunteers, human professionals, and dogs who provide visitations as well as therapeutic and educational activities throughout the community. In addition, she is an assistance dog trainer/instructor for Assistance Dogs of the West and a member of Assistance Dogs International. Melissa offers international workshops, publications and consulting for animal assisted therapy, assistance dogs as assistive technology options, and program development.