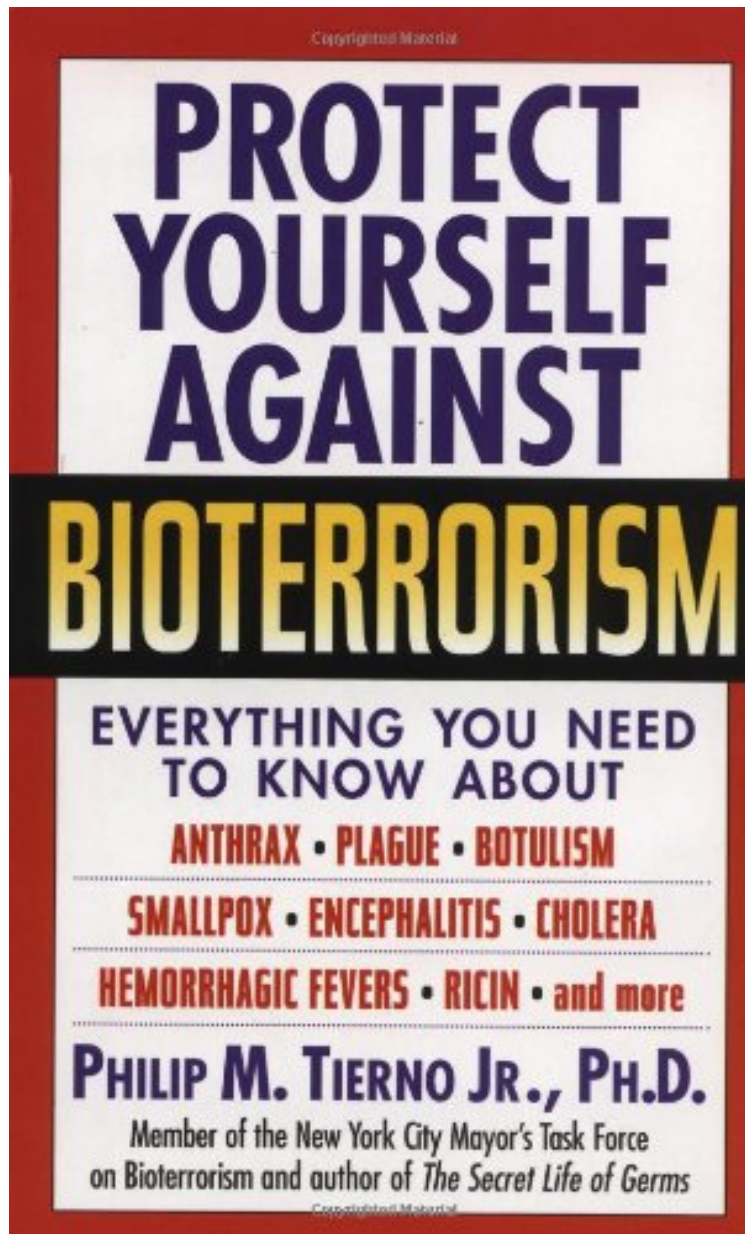


(Download pdf ebook) Protect Yourself Against Bioterrorism

Protect Yourself Against Bioterrorism

Philip M., Ph.D. Tierno Jr.
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Philip M., Ph.D. Tierno Jr. : Protect Yourself Against Bioterrorism before purchasing it in order to gage whether or not it would be worth my time, and all praised Protect Yourself Against Bioterrorism:

14 of 14 people found the following review helpful. Bioterrorism made understandableBy A CustomerThis author has

again hit his mark by making the complex issue of bioterrorism so straightforward and simple for the lay public just as he did for his other book "The secret Life of Germs" (which I still talk about as being the best book written on germs for the lay public). Dr. Tierno has presented in an orderly fashion the 18 most likely agents of bioterrorism and delved into them one by one discussing their likelihood of use against the U.S. population. In addition he gives us his "Protective Response Strategies" after each agent which provides us with simple ways we can reduce our danger. I simply loved his last chapter where he discusses the relative risks of using smallpox, plague, toxins, etc, etc in our water, air and food supplies. It is the only book that I have read on the subject that brings everything about bioterrorism into clear focus and perspective. And he is optimistic and upbeat with regard to our true danger. He has certainly started my New Year off right! I highly recommend this soft cover book for your library or maybe even your medicine chest. It contains a ton of useful and practical information. It really discusses everything the public needs to know about bioterrorism at a bargain price.

How does anthrax spread? Should I avoid opening my mail? Wasn't I vaccinated for smallpox years ago? What exactly is encephalitis? Is my workplace a target for bioterrorism? What precautions can I take to stay healthy and safe? **PROTECT YOURSELF AGAINST BIOTERRORISM** From fears of full-scale germ warfare to the spread of dangerous and deadly illnesses, we are faced with a new breed of anxiety -- and more questions than ever -- about our safety and well-being in the face of bioterrorism. Dr. Philip M. Tierno, a member of the New York City Mayor's Task Force on Bioterrorism, addresses our fears with the most powerful antidote: information. Dr. Tierno explains: how germs can be used as potential weapons -- and how they can't how to distinguish the symptoms of a deadly disease from a run-of-the-mill bug how these diseases are treated how to assess the level of risk we face in our daily lives how to sort fact from myth in the face of frightening new developments what you can do to safeguard your family's health

About the Author Internationally known as the man who helped solve the mystery behind toxic shock syndrome, Philip M. Tierno Jr., Ph.D., is the director of clinical microbiology and diagnostic immunology at New York University Medical Center and Mt. Sinai Medical Center, and a part-time associate professor in the departments of microbiology and pathology at New York University School of Medicine. Dr. Tierno is the author of *The Secret Life of Germs* (now available in hardcover from Pocket Books) and has published numerous papers on microbial ecology and environmental and medical microbiology in leading scientific and medical journals worldwide. He has also appeared on such national shows as 20/20, Oprah, Dateline NBC, and PrimeTime. Dr. Tierno lives in New York City, and is a member of the New York City Mayor's Task Force on Bioterrorism.