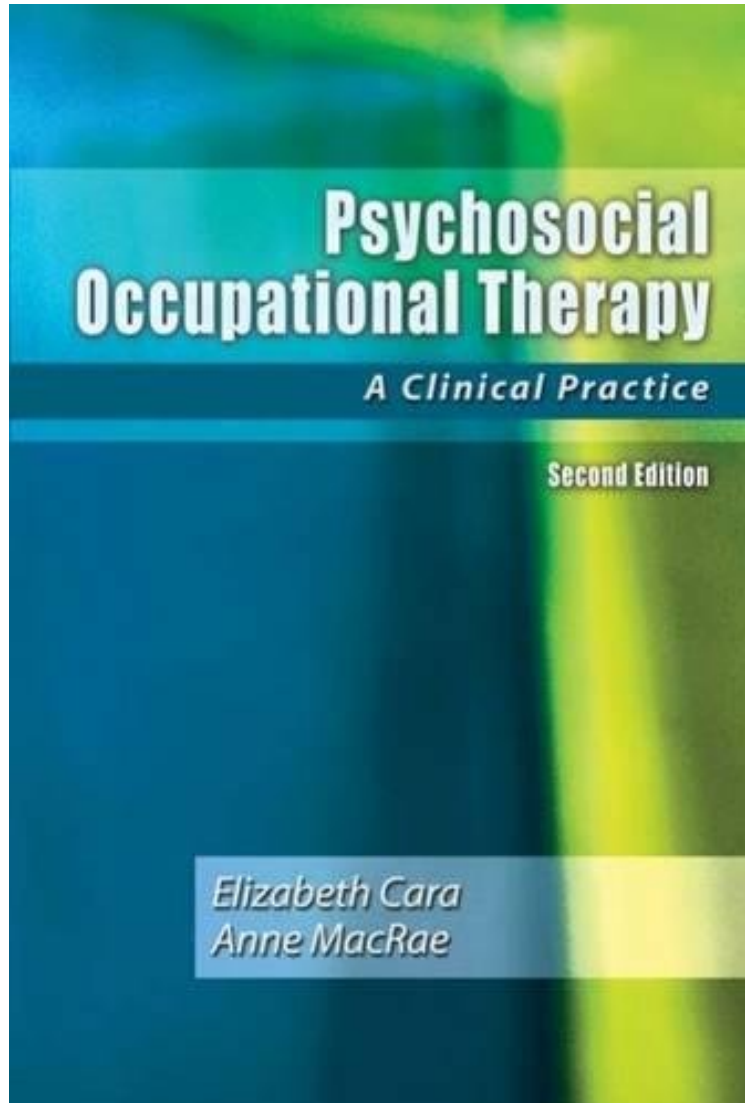


[Free] Psychosocial Occupational Therapy: A Clinical Practice

## Psychosocial Occupational Therapy: A Clinical Practice

*Elizabeth Cara, Anne MacRae*  
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**Elizabeth Cara, Anne MacRae : Psychosocial Occupational Therapy: A Clinical Practice** before purchasing it in order to gage whether or not it would be worth my time, and all praised Psychosocial Occupational Therapy: A Clinical Practice:

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An excellent resource for coursework in psychosocial occupational therapy, this revised edition focuses on the clinical applications of psychosocial occupational therapy to prepare the reader for working with actual clients in real-life contexts. With a novice friendly approach focusing on diagnosis, this book is filled with case illustrations to demonstrate therapy in clinical practice. Current issues with a clinical focus have been contributed by experts in the field and include an international perspective. Keeping current with developments in the profession, extensive revisions and reorganization reflect the recent Occupational Therapy Practice Framework (AOTA, 2002). Chapters have been reorganized to reflect the long-standing value placed on treating the whole person. This reorganization mirrors the general trend in psychiatry and mental health to intervene more aggressively using medicine and assessments, to evaluate and treat more briefly, to focus on function, and to use community settings. Thoroughly revised and restructured, this text is an important addition to any occupational therapy library. New to the Edition: Reorganized into seven sections on the mental health context, theoretical concepts, diagnosis and dysfunction, mental health across the lifespan, mental health with physical disorders, occupational therapy intervention in mental health, expanded roles for occupational therapists in mental health, and clinically related roles to better reflect clinical practice. New chapter on assessment including an overview of the evaluation process, observation, and interview techniques. New, separate chapters on mental health of children, mental health of adolescents, and mental health of the elderly provide more detailed information for each of these populations. Includes a new chapter on environmental and cultural considerations.

The second edition of *Psychosocial Occupational Therapy: A Clinical Practice* by Elizabeth Cara and Anne MacRae is an excellent resource for students and clinicians alike. The second edition incorporates the Occupational Therapy Practice Framework (AOTA, 2002) into its organizational structure and its use of language. The book draws its strength from the experienced contributors who each write about their area of expertise. As such, it includes very relevant information that reflects the current practice climate such as case management and the focus on community settings. It uses ample case studies to illustrate concepts that are presented in the chapter. The book features 24 chapters organized into seven parts that reflect principles within the practice framework. I recommend *Psychosocial Occupational Therapy: A Clinical Practice, 2E* to educators who will find it well organized and a great teaching tool. Your students will like the case studies and in-class learning activities. I also recommend this book to clinicians who would like a resource covering a great range of diagnoses, interventions, and resources within psychosocial occupational therapy. - (POTAC Newsletter, Winter 2005) Lynne Andonian, MID, OTRL/L is the occupational therapist at Bridge to Wellness, San Francisco and adjunct lecturer at both San Jose State University and Dominican University of California. About the Author Elizabeth Cara received her Certificate of Proficiency in occupational therapy from the University of Pennsylvania. She also holds a Bachelor of Arts degree in History from Santa Clara University, a Master of Arts degree in Clinical Psychology from John F. Kennedy University and a PhD in Clinical Psychology from the Fielding Graduate University. For the last twenty years, she has been a Professor of Occupational Therapy at the undergraduate and graduate levels. Dr. Cara's clinical experience is in the rehabilitation of people with mental disabilities. Her scholarly interests include psychobiography, clinical supervision, infant and family mental health, group dynamics, interpersonal communication, and psychosocial disorders. She is the co-creator of a successful vocational program, Community Vocational Enterprises, in San Francisco, California. Dr. Cara is a native of California. Anne MacRae received her B.A. degree in education from Antioch College, Yellow Springs, Ohio, and her M.S. degree in occupational therapy from San Jose State University. She also has a PhD in Human Science from Saybrook Institute, San Francisco. Dr. MacRae is a professor at San Jose State University in California. In addition to teaching, she also supervised the campus-based psychosocial occupational therapy clinic for 20 years. Her other clinical experience includes inpatient acute psychiatry, partial hospitalization programs, and home health care. She is also a recipient of multiple Fulbright Fellowships and engages in international consultation about occupational therapy and mental health care. Her current research and scholarly interests include cultural diversity, phenomenology, occupational justice, recovery perspectives, environmental issues in intervention, community mental health, and functional deficits of psychiatric symptoms. Dr. MacRae is currently on a pre-retirement tract from the university, which provides a reduced role at the university and is therefore she is able to pursue additional personal and professional opportunities.