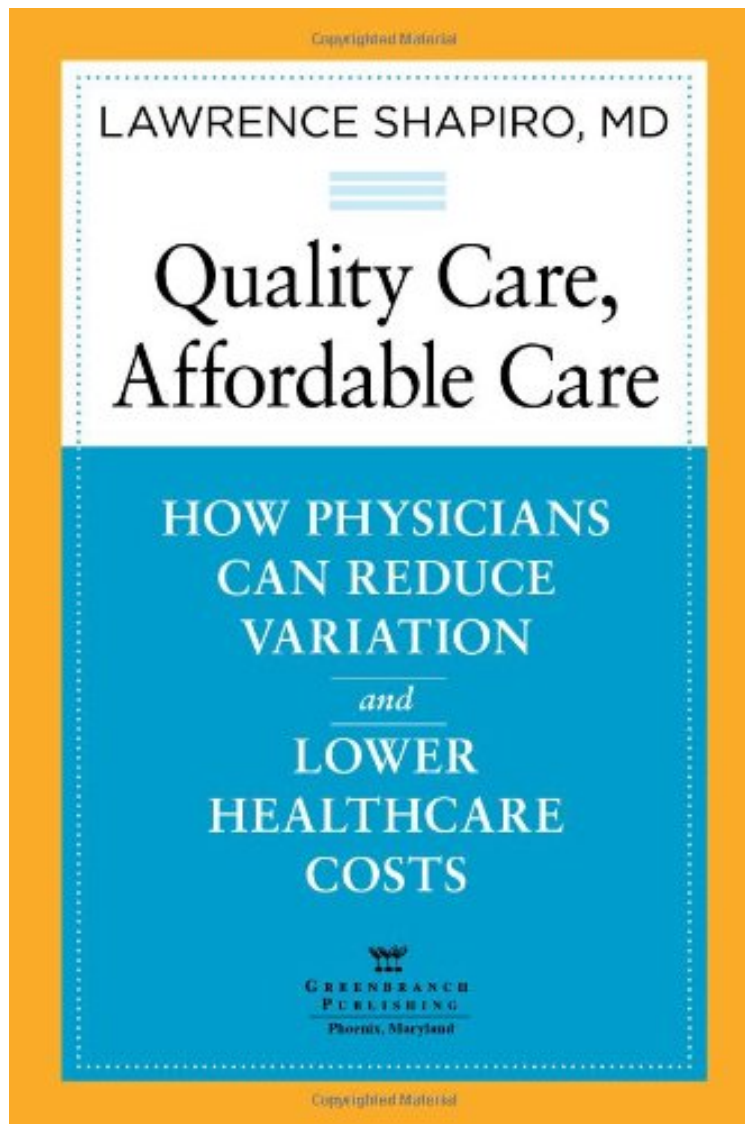


[Read ebook] Quality Care, Affordable Care: How Physicians Can Reduce Variation and Lower Healthcare Costs

## Quality Care, Affordable Care: How Physicians Can Reduce Variation and Lower Healthcare Costs

*Lawrence Shapiro, MD*

*ePub | \*DOC | audiobook | ebooks | Download PDF*



DOWNLOAD



READ ONLINE

#1871673 in Books 2013-11-11Original language:EnglishPDF # 1 8.90 x .50 x 6.00l, .0 #File Name:  
0991013506198 pages | File size: 75.Mb

**Lawrence Shapiro, MD : Quality Care, Affordable Care: How Physicians Can Reduce Variation and Lower Healthcare Costs** before purchasing it in order to gage whether or not it would be worth my time, and all praised Quality Care, Affordable Care: How Physicians Can Reduce Variation and Lower Healthcare Costs:

2 of 2 people found the following review helpful. An "Agent of Change" for health at a time most needed!By CnTI

had the great pleasure of reading a pre-release copy of Dr. Shapiro's book - what an amazingly important time for this information! Shapiro is clearly an "Agent of Change" for health, and at a time most needed. Here, he describes Variation Reduction, an innovative process guiding physicians in the evaluation of their own practice data to maximize quality and affordability of care. Shapiro illustrates a generalizable, patient-centered, collaborative platform to identify and maintain value in any health care delivery system. The book shares the fascinating background for his vision for the program, including his unique insight into the varied and conflicting economic, legislative, ethical and emotional forces affecting the range of stakeholders in the US health care market, including care providers, insurers, patients and employers. Shapiro's illumination of the recent history and current context, along with his presentation of the Variation Reduction model as a clear and transferrable process, struck me with a great sense of relief. I see the relevance of this model in a variety of settings, including both national and international low resource settings - although data may be increasingly available in many such settings, few understand how to use information quickly and effectively to target resources to working solutions, and therein effectively reduce the burden of disease. The power of information is astonishing, and Shapiro's strategy is highly applicable. It is exciting to consider how powerful this process can be, even in the face of the crushing burden of disease in so many areas. Tools like Variation Reduction are widely needed, and may well emerge as a key to effective, affordable health care on a worldwide scale.

3 of 3 people found the following review helpful. A unique tool to guide the industry along the path to maximally affordable, highest quality healthcare in the US beyond By EW Sharing riveting examples from his role as Director of Managed care for one of California's top medical groups, Shapiro illustrates a robust process through which the health industry can maximize quality and affordability of care for patients. Highlighting pitfalls and barriers, Shapiro also details those strategies that he and his team have found most useful to surmount them. This work carries unique insight - information found nowhere else. Herein lies guidance we cannot do without as we navigate the system-wide transformation upon us, with the shared goal to minimize human suffering, reduce the burden of disease and achieve sustainable care, accessible to all.

0 of 0 people found the following review helpful. A refreshing look at how physicians can impact health care costs by reducing clinical variation, motivational!! By Grala96 Kudos to Dr Lawrence Shapiro and the leadership at Palo Alto Medical Foundation for addressing clinical variation and cost of care. What a refreshing change to see physicians taking responsibility for their role in healthcare costs at a grassroots level. Dr Shapiro provides an excellent overview of the history of clinical variation and gives practical information on how to start a variation reduction program in your own institution. A must read for physicians interested in providing appropriate, value driven care for their patients.

New Book Offers Keys to Putting Doctors in Control Now that health insurance reform has been passed and upheld by the Supreme Court, the real job of reducing the cost of healthcare needs to begin. But reducing healthcare costs is an extremely difficult job, one which requires out-of-the-box thinking to succeed. Fortunately, reducing variation in healthcare delivery offers a great deal of promise while giving doctors the say they deserve in making changes to healthcare workflow. In *Quality Care, Affordable Care*, Dr. Lawrence Shapiro explains how by using the simple but potent variation-reduction process, physicians can take charge of healthcare reform to improve health and reduce the cost of care. And he tells the real-life story of how the variation-reduction program at the Palo Alto Medical Foundation, which he runs, saved \$31 million by instituting a series of specialty-oriented variation-reduction programs. He also shares the five pillars of a successful variation-reduction program, and explains how providers can use these approaches to build their own in-house variation reduction effort. Don't miss this opportunity to understand and implement an approach to healthcare change which puts doctors in the driver's seat. This book offers a practical, hands-on guide to getting a variation-reduction program in place that physicians will sign up for. It offers a unique take from a physician leader who has personally led a highly-successful program and explains in plain language how to take advantage of his experience.

A seminal resource at a critical time! Dr. Shapiro unveils the complex relationships between stakeholders in the changing healthcare environment in America, demystifying the thought processes and motivations of doctors, insurers and patients, alike. Through fascinating examples from his team's work, Dr. Shapiro outlines successful measures to effect maximum value (quality/cost), detailing a robust process for physician-led, data-driven standard development, supporting affordable and regionally appropriate care of the highest quality. ERICA WEIRICH, MD Director, Global Health Research Foundation Adjunct Clinical Assistant Professor of Medicine Stanford University School of Medicine In his new book, *Quality Care, Affordable Care*, Dr. Shapiro provides a novel solution to bending the cost curve and improving patient outcomes, a physician's perspective and recipe for success in an increasingly value conscious health care market. The book provides much needed fresh insight that takes the mystery out of medical cost reduction through a practical program of variation reduction and puts the solution back in the hands of physicians. As an experienced physician and health care administrator, Shapiro provides his proven formula for eliminating unnecessary, costly and potentially risky medical care while providing greater value to the patient through improved outcomes.

KARL G. SYLVESTER, MD Associate Professor of Surgery and Pediatrics Executive Director, Center for Fetal and

Maternal Health Lucile Packard Children's Hospital Stanford University School of Medicine Formal guidelines are applicable to only a small fraction of clinical practice. Dr. Shapiro engagingly shows how groups of physicians asking questions about variations in their own practices can develop, and then adhere to, their own guidelines. Creating such learning healthcare systems is the best way to increase value in health care. HAROLD S. LUFT, PHD Caldwell B. Esselstyn Professor Emeritus of Health Policy and Health Economics University of California, San Francisco Author, Total Cure: the Antidote to the Healthcare Crisis --Manuscript sAbout the AuthorLawrence Shapiro, MD, is a board-certified physician with a specialty in pulmonary medicine. For the last twenty years, he has been enmeshed in the healthcare system known as Managed Care. As a result of these experiences with physicians, medical groups, hospitals and health plans, he initiated the Variation Reduction Process at the Palo Alto Medical Foundation, which has reduced the cost of healthcare while increasing quality.