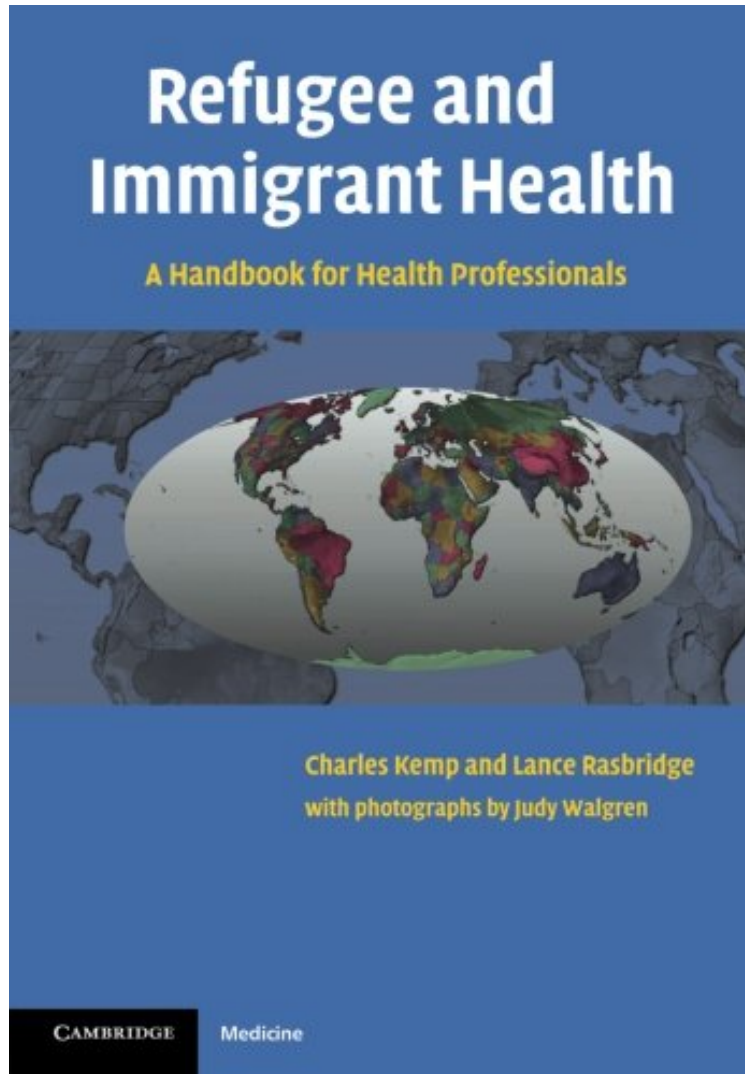


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# Refugee and Immigrant Health: A Handbook for Health Professionals

*Charles Kemp, Lance A. Rasbridge*  
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**Charles Kemp, Lance A. Rasbridge : Refugee and Immigrant Health: A Handbook for Health Professionals**  
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Refugee and Immigrant Health: A Handbook for Health Professionals:

2 of 2 people found the following review helpful. A Profound Resource  
By Walt Le Baron I am not a health professional but, rather, an educator who discovered this volume (in paperback BTW) while helping a medical practitioner friend find resources on refugees. While I believe it would be enormously useful for those in medical

fields, that tag puts an unfair limitation on this work. After some essential introductory chapters on major issues of world health, there is a brief write-up on each country from which refugees leave, including its social conditions, political instability, problems with dislocation and relocation, of course, a list of various diseases and medical issues, a section on how the refugee may respond to Western cultural differences affecting medical treatment, a section on childbirth, and last, a section on the culture's approach to death. The book should be in every high school library because it furnishes first a remarkably fine overview of world issues affecting refugees (who, in turn, affect our communities) and then a scholarly but succinct view of each country, its people and their problems. I was struck immediately that the book would be an excellent basis for a projected world history unit since each chapter brings anthropology, sociology, geography, and contemporary culture quickly into focus, especially for a wide variety of countries whose people we seldom hear much about and find ways of avoiding the plight of these masses. It would be an excellent jumping off point for work on world problems or those of individual countries, and I believe the level of language would be found reasonable by tenth or even ninth graders. For me, the book was an eye-opener. I had no idea of the extent of these problems or the enormous number of dislocated persons. In this respect there is a certain gut wrenching aspect to the reading--not sensational, just calmly expressed realities most of us would rather avoid. I would hope that educators and other "soft science" practitioners would find their way to this resource.

Based on the authors' combined forty-plus years of work as clinicians and teachers in refugee and immigrant health, this handbook is practical, yet theory-based, so it can be used in the field and as a teaching text, wherever immigrants and refugees seek a safe haven from war. Bridging the factors that contribute to physical health by highlighting infectious disease risks, mental health, and spiritual issues, it also details the health beliefs and practices of 30 cultures from more than 40 countries in an age of constantly shifting populations.

"This is an excellent resource. It contains population groups not usually found in other books on similar topics. A total of 31 groups are included from Afghanistan to Vietnam. Two unique topics that are covered in each chapter are history of immigration and end-of-life issues. The other usual areas are covered such as pregnancy and childbirth, communications, religion, health beliefs, social relations, and health problems/screening. The pictures alone are worth the purchase." Doody's ServiceG "...provides useful facts about health care needs of refugees and challenges faced by providers, and raises awareness of cultural differences." - Journal of Emergency Nursing, Christine May