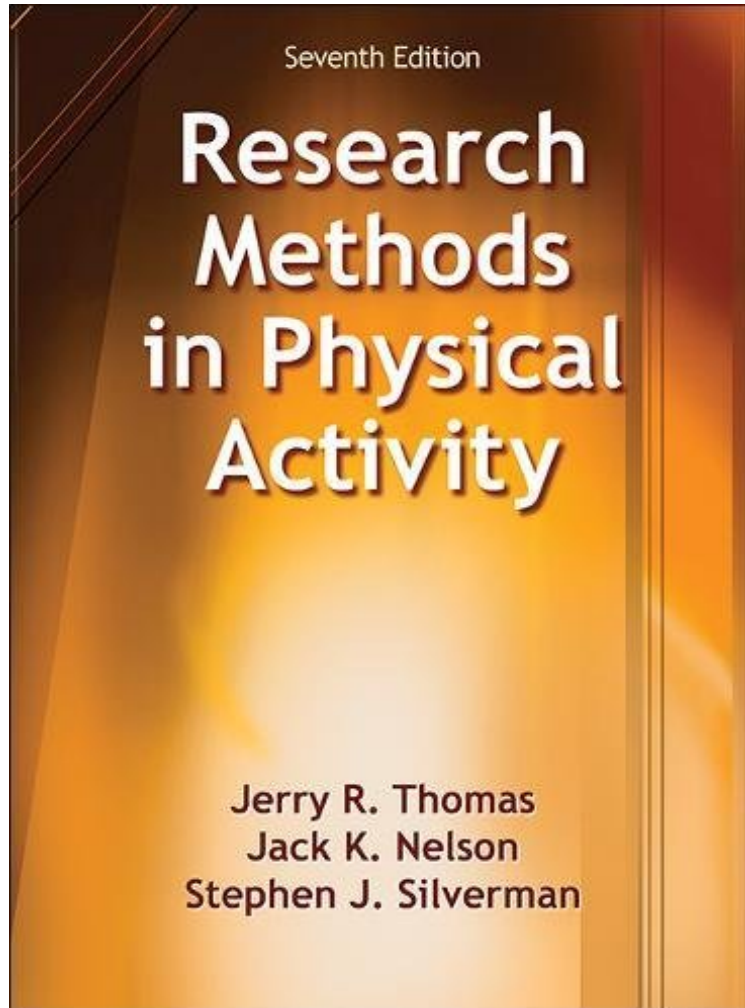


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Jerry Thomas, Jack Nelson, Stephen Silverman
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Research Methods in Physical Activity, Seventh Edition, systematically guides students through the research process, introducing methods and tools specifically for kinesiology and exercise science disciplines, including the subdisciplines of physical therapy, rehabilitation, and occupational therapy. The seventh edition leads students and novice researchers to research competency with the distinctive humor that has become a trademark of this internationally recognized text. This text provides step-by-step information for every aspect of the research process, from identifying and devising research questions to analyzing data and compiling results for presentation. Methods for qualitative, quantitative, and mixed-methods research approaches are addressed, and real-world research questions including historical, experimental, epidemiological, and philosophical are presented by scholarly contributors who give suggestions for approaches to follow. Photos, anecdotes, and humorous stories are used throughout the text to put students at ease and emphasize key points through practical applications. Enhancements to the seventh edition include the following: Updated information and techniques for electronic searches to ensure students use best research practices New information on meta-analysis and the benefits of journal-style writing that teach readers to evaluate and prepare data for scholarly journals and publication Special attention to ethical issues to help readers understand the regulations involved in using human and animal subjects New information on logistic regression that aids in the understanding of complex ideas Further explanation of qualitative and mixed-methods research approaches, in addition to quantitative approaches, to ensure readers use the most appropriate methodology for their research The content of the seventh edition maintains and expands upon the logical content progression that has made Research Methods in Physical Activity the leading text in the field. Part I presents an overview of the research process, including problem development, preparation of the research plan, and understanding ethical issues in research and writing. Part II introduces statistical and measurement issues in research, and part III presents various types of or approaches to research and methodology from expert researchers in the field. Part IV includes a writing guide for result findings and details how to develop and organize research papers and presentations. Statistical tables and guides are available in the appendix. To aid instructors, Research Methods in Physical Activity, Seventh Edition, includes a suite of ancillary materials featuring an instructor guide, test package, an extra data set for instructors who wish to create specialized learning activities, and presentation package plus image bank. Research Methods in Physical Activity, Seventh Edition, instills in students the confidence to devise, collect, analyze, and present their research in a competent manner by systematically guiding them through the research process. It is an essential text for all emerging researchers in physical activity.

About the Author Jerry R. Thomas, EdD, is professor and dean of the College of Education at the University of North Texas. Besides writing the previous editions of this book, Thomas has authored more than 200 publications, 120 of which are refereed publications with numerous contributions in research methods. In 1999 he was named the C.H. McCloy Lecturer for his production of research throughout his career. Thomas has been editor in chief of Research Quarterly for Exercise and Sport and a reviewer for most major research journals in kinesiology and numerous journals in psychology. He has also served as president of the National Academy of Kinesiology, American Kinesiology Association, AAHPERD Research Consortium, and North American Society for Psychology of Sport and Physical Activity. In 1990 he was named an AAHPERD Alliance Scholar and in 2003 was named a NASPSPA Distinguished Scholar based on lifetime achievement in research. Thomas received an honorary doctorate of science from his undergraduate institution, Furman University, in the spring of 2015. Jack K. Nelson, EdD, is professor emeritus in the department of kinesiology at Louisiana State University. Nelson conducted and published research and taught research methods for 35 years. He has been an adviser on more than 50 doctoral dissertations and more than 50 masters theses. He has more than 80 publications and has served as editor of research publications. A fellow in the Research Consortium, he has been a member of AAHPERD, the American Educational Research Association, and the American College of Sports Medicine. He has also served as president of the Association for Research, Administration, Professional Councils and Societies (now AAALF) and as vice president of AAHPERD. Stephen Silverman, EdD, has taught and written about research methods for more than 30 years. He is a professor of education at Teachers College at Columbia University and has conducted research on teaching in physical education focusing on how children learn motor skill and develop attitudes. He has published more than 75 research articles in addition to many books and book chapters. Silverman is a fellow and past president of the National Academy of Kinesiology and the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Research Consortium and a fellow of the American Educational Research Association (AERA). A former coeditor of the Journal of Teaching in Physical Education and editor in chief of the Research Quarterly for Exercise and Sport, Silverman was an AERA

Physical Education scholar lecturer, a Research Consortium scholar lecturer, and Weiss lecturer and Alliance Scholar for AAHPERD.