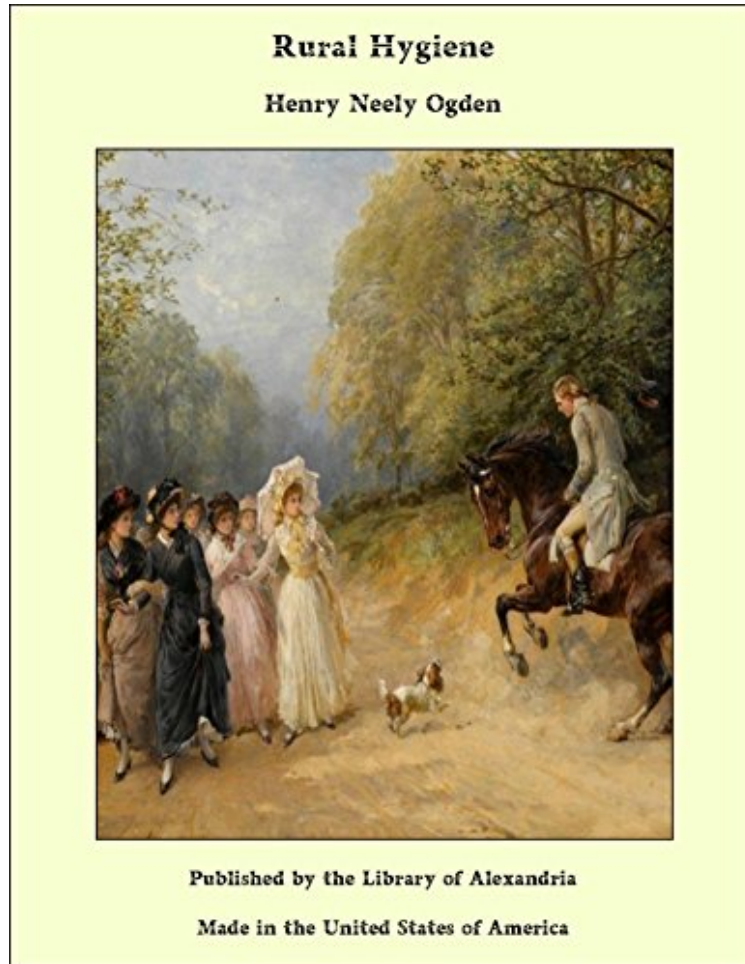


Rural Hygiene

Henry Neely Ogden

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Henry Neely Ogden : Rural Hygiene before purchasing it in order to gage whether or not it would be worth my time, and all praised Rural Hygiene:

0 of 0 people found the following review helpful. this was printed in 1911By rachel sthis is all statistics as it relates to the time period between 1897 1908. It was germane to that time period, but only as a historical or research material for today. Although I have no doubt that Mr. Ogden knew his stuff, this material is really dry and so not what I was looking for. I guess I was hoping for something to relate to in an emergency- tornadoes, floods, etc.

The following pages represent an attempt to put before the rural population a systematic treatment of those special subjects included in what is popularly known as Hygiene as well as those broader subjects that concern the general health of the community at large. Usually the term "hygiene" has been limited in its application to a study of the health of the individual, and treatises on hygiene have concerned themselves almost entirely with discussing such topics as food, clothing, exercise, and other questions relating to the daily life of a person. Of late years, however, it has become

more and more evident that it is not possible for man to live to himself alone, but that his actions must react on those living in his vicinity and that the methods of living of his neighbors must react on his own well-being. This interdependence of individuals being once appreciated, it follows that a book on hygiene must deal, not only with the question of individual living, but also with those broader questions having to do with the cause and spread of disease, with the transmission of bacteria from one community to another, and with those natural influences which, more or less under the control of man, may affect a large area if their natural destructive tendencies are allowed to develop. Being written by an engineer, the following pages deal rather with the structural side of public hygiene than with the medical side, and in the chapters dealing with contagious diseases emphasis is attached to quarantine, disinfection, and prevention, rather than to etiology and treatment. The book is not, therefore, a medical treatise in any sense, and is not intended to eliminate the physician or to give professional advice, although the suggestions, if followed out, undoubtedly will have the effect of lessening the need of a physician, since the contagious diseases referred to may then be confined to single individuals or to single houses. It has not been possible, within the limits of this one book, to describe at length the various engineering methods, and while it is hoped that enough has been said to point the way towards a proper selection of methods and to a right choice between processes, the details of construction will have to be worked out in all cases, either by the ingenuity of the householder or by the aid of some mechanic or engineer