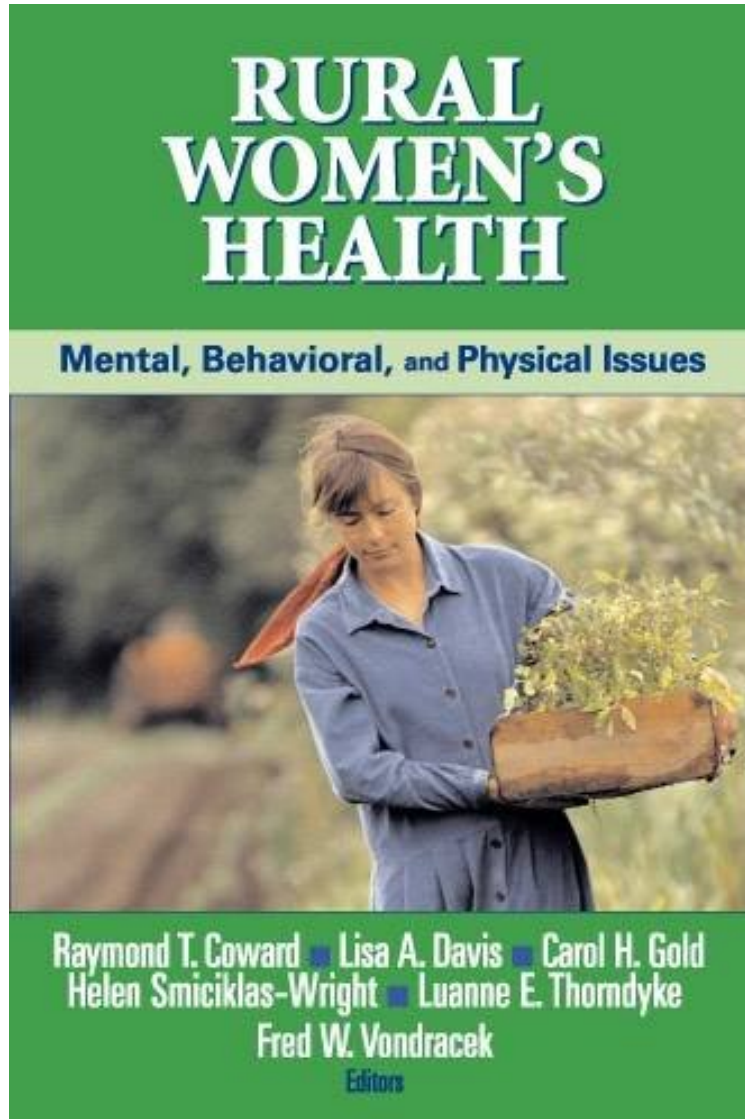


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From the Back Cover "Rural Women's Health" encompasses the breadth and depth of the unique physical and psychological needs facing rural women throughout the United States and Canada, and identifies positive interventions and outcomes. Raymond T. Coward, founding editor of "The Journal of Rural Health," along with five leading practitioners and researchers with contributions from over 25 educators, authors, program leaders, and researchers representing the multidisciplinary spectrum of rural health professionals, present the most comprehensive coverage on rural women's health that exists today. Key issues covered include: Socio-cultural stressors Policy changes Barriers to accessing mental health treatment Obesity and risk factors Behavioral risk factors Chronic diseases Exercise, nutrition, and health promotion programs Education and telehealth This is a valuable resource for mental health service providers, gerontologists, social workers, psychologists, counselors, and primary care physicians. "About the Author(1985-1990), now in its 20th year of publication, and is the author or editor of eight books, including several focused on rural populations.